



**Instructions for Pin-A-Sister Sunday
Mother's Day 2008 Observance
Script for Brief Program:**



Pastor or Announcer:

"At this time we will have a special announcement by [introduce designated spokesperson(s).]

Designated Spokesperson:

"As we celebrate Mother's Day, we would like to take a moment to remind all women just how important it is for us to take care of ourselves because so many people depend on us.."

"The ushers passed out a pink ribbon to every woman who entered the sanctuary today. Many of you recognize these ribbons as the symbol for the fight against breast cancer. Today, **(church name)** is joining forces with Access Community Health Network and churches all around the Chicago metropolitan area in a **Stand Against Breast Cancer** by participating in **Pin-A-Sister Sunday.**"

"At this time I would like to introduce (survivor's name) who wants to share a personal testimony with you."

Survivor: (2 minutes) [If a survivor is one of the designated spokespersons, they should follow this script.]

Good morning, my name is _____ and I am a breast cancer survivor. In 2005, the last year that numbers were available, more than 8,000 Illinois women were diagnosed with breast cancer. More recently, I was one of them. The fatality rate is alarmingly high among African American and Hispanic women, who are 1.5 times more likely to die than white women. However, I am in here today as living proof that this does not have to be the case.

[Survivor tells her story]

Therefore, I encourage all of my sisters to please go and get mammogram screenings regularly and follow-up care, if needed, so we can **win** the fight against breast cancer.

Designated Spokesperson:

"Ladies, I would like for you to do two things."

First: Please stand, ribbon in hand, and turn to a sister sitting next to or nearby you.

Second: In observance of the many women whose lives have been touched by breast cancer and as a symbol of our fight against breast cancer, I want you to pin that sister with a ribbon right now. **OR**

First: I would like every sister to raise her ribbon.

Second: Turn to a sister sitting next to or nearby you and repeat after me.

"Sister, we commit ourselves to getting mammogram screenings regularly and to scheduling follow – up visits when necessary, as we stand together in the fight against breast cancer.

[Whatever action is taken should also be demonstrated by the First lady and survivor.]